

BREAKFAST BURRITO



CLOUDY

Serves:

DIRECTIONS:

1. Over medium-high heat, melt the butter in a large, nonstick frying pan.
2. Scramble and cook the eggs the way you like them.
3. Meanwhile, warm the tortillas for a few minutes on the rack of a 250° oven.
4. Fill the tortillas with the egg and your choice

INGREDIENTS:

1 tablespoon butter
6 eggs, beaten
4 to 6 medium flour tortillas
Choose your fillings:
1/2 cup grated Monterey Jack cheese
1 plum tomato, chopped
1 small onion, diced
1/4 green or red pepper, chopped
1/2 avocado, sliced
Salsa

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Serves:

DIRECTIONS:

- of fillings.
5. Fold into a burrito.



Breakfast gives you the energy to start your day. Don't skip it!

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